



## Certificate of Achievement

# Альона Валеріївна Шульга

has completed the following course:

**COPING WITH CHANGES: SOCIAL-EMOTIONAL LEARNING THROUGH PLAY  
THE LEGO FOUNDATION**

This online course explored the basic elements of Learning through Play, age-sensitive social emotional learning and mental health and psychosocial support.

9 weeks, 2 hours per week



Amy Jo Dowd  
Head of Evidence,  
The LEGO Foundation

## The LEGO Foundation

The person named on this certificate has completed the activities in the attached transcript. For more information about Certificates of Achievement and the effort required to become eligible, visit [futurelearn.com/proof-of-learning/certificate-of-achievement](https://futurelearn.com/proof-of-learning/certificate-of-achievement).

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# The LEGO Foundation

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has completed the following course:

### **COPING WITH CHANGES: SOCIAL-EMOTIONAL LEARNING THROUGH PLAY** **THE LEGO FOUNDATION**

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This online course explored the basic elements of Learning through Play, age-sensitive social emotional learning and mental health and psychosocial support. The course covered topics such as - Learning through Play - Holistic skill development - Adversity/resilience - Social Support - Identification of distress - Predictability and Child Development - Perspective-taking - Adults wellbeing

#### **STUDY REQUIREMENT**

9 weeks, 2 hours per week

#### **LEARNING OUTCOMES**

- Apply social emotional learning through Play in practise
- Identify how we learn through play
- Demonstrate strategies to support a child's learning through play in relation to social-emotional learning
- Explain Mental Health Psychosocial Support and Social Emotional Learning
- Demonstrate mitigation strategies
- Identify the challenges children may face in transitions back and forth from remote learning/ homes to in-person/schools during crisis
- Develop routines to create a sense of normalcy through rapid transitions and changes
- Apply strategies to collaborate with other adults to create consistency across a child's social-ecological system
- Explain why adult wellbeing is important for children
- Demonstrate stress management strategies, including mindfulness, individual and social strategies

- Explore the different phases of brain development and the potential effects of crisis on their social, emotional, and cognitive development
- Apply psychosocial support for children in early childhood
- Design their own age-sensitive activities to support children in crisis

#### **SYLLABUS**

- Foundations of Learning through Play
- Importance of MHPSS / SEL in Crisis
- Adult Wellbeing
- Age sensitive SEL knowledge and activities
- Coping with Changes and Transitions